

- (EN) 1 x per week 1 capsule with a meal.
- (DE) 1 x pro Woche 1 Kapsel zu einer Mahlzeit.
- (FR) 1 x par semaine 1 gélule avec un repas.
- (IT) 1 x settimana 1 capsula con un pasto.
- (ES) 1 x por semana 1 cápsula con una comida.

**Note:** If you are taking anti-coagulant or anti-platelet products, or have a bleeding disorder, consult your doctor before taking this product.

**Hinweis:** Wenn Sie Blutgerinnungshemmer einnehmen oder an einer Störung der Blutgerinnung leiden, sprechen Sie mit Ihrem Arzt, bevor Sie dieses Produkt einnehmen.

Lot No. / Best before end: see imprint on bottle  
Store tightly closed in a cool and dry place.

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Made in Europe



**Vitality**  
NUTRITIONALS

# Vitamin D3 plus K2

VEGAN FORMULA

5000 IU VITAMIN D3 PLUS  
200 MCG VITAMIN K2

90 Capsules

## FOOD SUPPLEMENT INFORMATION

Serving Size: 1 capsule / Servings per container: 90

Amount per 1 capsule	% NRV*
Vitamin D3	5000 IU / 125 µg 2500 %
vitaMK7 <sup>®</sup> Vitamin K2	200 µg 267 %

\* % of NRV (Nutrient Reference Value) according to EU regulation

**Ingredients:** Bulking Agent: Acacia Gum, Cholecalciferol (Vitamin D3; vegan), Coating Agent: Hydroxypropylmethyl Cellulose (capsule), Menaquinone-7 (Vitamin K2), Anti-Caking Agent: Cellulose

Suitable for Vegetarians and Vegans.

**Food Supplement:** Keep out of reach of small children. This product is not a substitute for a balanced diet and healthy lifestyle. Do not exceed recommended dose.

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**Net Weight:** 15.2g/90 Capsules